

THIS MAP BELONGS TO:



PARKS	SCHOOLS / PRESCHOOLS / CHILDREN'S CENTRES	PLAYGROUNDS
RIVER	WALKING / BIKE TRAILS	TOILETS
		ROADS

SEE OVERLEAF FOR ALL 50 ACTIVITIES

We acknowledge that we live on Kurna land. Kurna language kindly provided from Kurna Warra Karrpanthi.

OUR BIG BACKYARD
WEST TORRENS

50 THINGS TO DO IN WEST TORRENS

TICK OFF THE
ACTIVITIES
AS YOU GO!



ANIMAL INVESTIGATIONS

- ☐ 1. LOOK FOR ANIMAL TRACKS AND TRACES.
- ☐ 2. LISTEN TO BIRD OR FROG CALLS AND HAVE A GO AT MAKING THE CALLS YOURSELF.
- ☐ 3. GO ON A NATURE WALK AT NIGHT WITH A TORCH (COVER IT WITH RED CELLOPHANE) AND FIND SOME ANIMAL EYES.
- ☐ 4. GO ON A WORM OR BUG HUNT IN YOUR BACKYARD.
- ☐ 5. HAVE A LOOK FOR A SPIDER'S WEB AND SEE WHAT IT HAS CAUGHT BUT TRY NOT TO DAMAGE IT.
- ☐ 6. WATCH AN ANIMAL SWIMMING UNDER WATER.
- ☐ 7. HAVE A LOOK AT THE FEET OF DIFFERENT TYPES OF BIRDS. WHAT ARE THE SIMILARITIES AND DIFFERENCES?
- ☐ 8. SEE IF YOU CAN FIND A WELL-CAMOUFLAGED ANIMAL.
- ☐ 9. WATCH SOME DIFFERENT CREATURES CRAWLING ALONG THE GROUND. TIME HOW LONG IT TAKES THEM TO MOVE A METRE. COMPARED TO THE SIZE OF THEIR BODIES, WHICH ONE IS FASTEST?
- ☐ 10. FIND A BURROW OR HOLE IN THE GROUND AND QUIETLY WATCH IT FROM A DISTANCE TO SEE IF ANYTHING GOES IN OR COMES OUT OF IT.
- ☐ 11. WATCH FIVE DIFFERENT TYPES OF BIRDS FEEDING. WHAT ARE THEY EATING? DO THE DIFFERENT TYPES OF BIRD EAT THE SAME THING?
- ☐ 12. COLLECT SOME SNAILS FOR A SNAIL RACE. CAREFUL NOT TO BREAK THEIR SHELL.
- ☐ 13. SEE IF YOU CAN SPOT A BIRD WITH BLUE FEATHERS. HOW ABOUT YELLOW FEATHERS?
- ☐ 14. FIND AN ANIMAL WITH THREE LEGS.
- ☐ 15. USE A CHART OR FIELD GUIDE TO IDENTIFY A BIRD.

CRAFT, CREATIVITY, CONSTRUCTION

- ☐ 1. BUILD A HOME FOR BUGS.
- ☐ 2. COLLECT LOTS OF FALLEN LEAVES FROM THE BIGGEST TREE IN YOUR STREET AND MAKE A TRAIL TO THE NEXT TREE (AND TO THE NEXT IF YOU HAVE ENOUGH LEAVES!).
- ☐ 3. MAKE A FAIRY GARDEN OR A MONSTER OUT OF NATURAL THINGS YOU CAN FIND ON THE GROUND.
- ☐ 4. SEE IF YOU CAN USE A LONG PIECE OF GRASS TO STITCH TWO LEAVES TOGETHER. USE A STICK TO MAKE THE HOLES.
- ☐ 5. COLLECT STICKS OFF THE GROUND AND USE THEM TO MAKE A TOWER. HOW TALL CAN YOU MAKE IT BEFORE IT FALLS OVER?
- ☐ 6. FIND SOMETHING ESPECIALLY INTERESTING TO YOU AND DRAW IT.
- ☐ 7. WATCH SOME OF THE WILD ANIMALS AND THEN MAKE UP A TRUE STORY ABOUT THEIR DAY. WERE THERE ANY SCARY MOMENTS FOR THEM?
- ☐ 8. USE MUD TO MAKE A PAINTING.

FAMILY FUN

- ☐ 1. SHOW A GROWN-UP HOW TO PLAY OUTSIDE AND YOUR FAVOURITE PLACES TO DO IT.
- ☐ 2. LEAD A FRIEND ON A BLINDFOLDED WALK.
- ☐ 3. FIND SOME GUM NUTS AND TRY TO JUGGLE THEM. HOW MANY CAN YOU KEEP IN THE AIR?
- ☐ 4. LAY ON THE GROUND WITH ONE LEG IN THE AIR. HOW LONG CAN YOU KEEP IT UP? NO CHEATING; DON'T USE YOUR HANDS FOR SUPPORT. TRY AGAIN WITH ONE ARM IN THE AIR.
- ☐ 5. PLAY A GAME OF HOPSCOTCH. DRAW THE GRID IN THE DIRT AND USE GUM NUTS OR STONES AS YOUR MARKERS.
- ☐ 6. PLAY I SPY WITH MY LITTLE EYE. WHAT WAS THE HARDEST THING FOR YOUR FRIENDS OR FAMILY TO WORK OUT?
- ☐ 7. CREATE YOUR OWN SCAVENGER HUNT. CAN YOU FIND DIFFERENT THINGS THAT BEGIN WITH EVERY LETTER IN YOUR NAME?

BOTANICAL BEAUTIES

- ☐ 1. PLANT A HERB OR VEGGIE SEEDLING IN YOUR GARDEN, OR IN A POT, LOOK AFTER IT, AND EAT IT.
- ☐ 2. PLANT A TREE. YOU MIGHT LIKE TO JOIN A TREE PLANTING EVENT IN YOUR LOCAL AREA.
- ☐ 3. HUG A TREE.
- ☐ 4. FEEL THE LEAVES OR BARK ON DIFFERENT PLANTS. SEE WHICH ONES ARE SMOOTH, SPIKY, STICKY, OR ROUGH.
- ☐ 5. INSPECT A TREE, SHRUB, OR BUG WITH A MAGNIFYING GLASS.
- ☐ 6. SMELL THE DIFFERENT FLOWERS AND LEAVES. ARE THEY NICE OR DISGUSTING?
- ☐ 7. LOOK AT THE VEINS ON DIFFERENT LEAVES. DO THEY ALL RUN IN THE SAME DIRECTION?

COLLECT ALL 5 NATURE ADVENTURE ACTIVITY SHEETS



GET DIRTY!

- ☐ 1. GO PUDDLE JUMPING WITH A FRIEND.
- ☐ 2. CATCH A RAINDROP ON YOUR TONGUE.
- ☐ 3. DANCE OR TAKE A LONG WALK IN THE RAIN (DON'T FORGET YOUR RAINCOAT!).
- ☐ 4. PUT YOUR HANDS OR DANGLE YOUR FEET IN THE WATER. IS THE WATER COLD, OR IS IT NICE AND WARM?
- ☐ 5. MAKE A MUD PIE IN THE MUDDIEST PLACE YOU CAN FIND.
- ☐ 6. MAKE SOME MUD GLOVES. THEY'RE LIKE REGULAR GLOVES JUST MADE FROM MUD!
- ☐ 7. COLLECT FALLEN LEAVES TO MAKE A BIG PILE YOU CAN RUN THROUGH OR HIDE IN.

AT ONE WITH NATURE

- ☐ 1. ON A CLEAR NIGHT TRY TO SPOT THE SOUTHERN CROSS (YOU CAN DO IT FROM YOUR BACKYARD).
- ☐ 2. FIND SOME NATURAL OBJECTS AND COME UP WITH WAYS THAT YOU THINK ABORIGINAL PEOPLE MAY HAVE USED THEM.
- ☐ 3. ON A WARM NIGHT, CAMP IN YOUR BACKYARD. CAN YOU HEAR ANY CRICKETS?
- ☐ 4. WATCH THE SUNSET.
- ☐ 5. LOOK FOR A NATURAL OBJECT THAT IS TRIANGULAR.
- ☐ 6. STAND IN THE SUNSHINE WITH YOUR EYES CLOSED THEN STAND IN THE SHADE WITH YOUR EYES CLOSED. CAN YOU FEEL THE DIFFERENCE ON YOUR SKIN?